

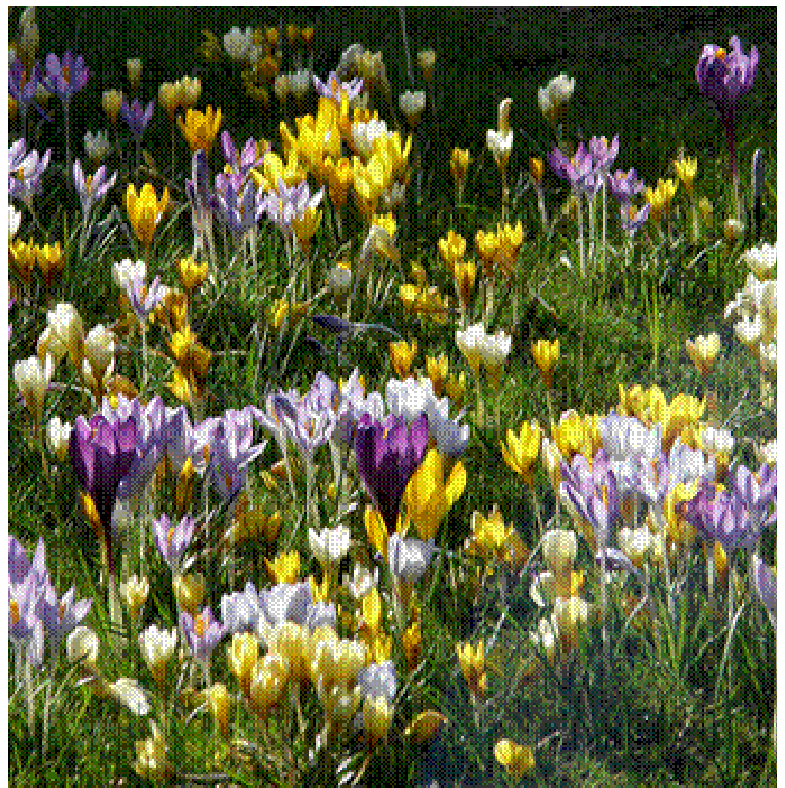
EAST HAMPSHIRE LEISURE LEARNING

*Spring Term
2012*

**Leisure Learning in the
Alton, Alresford,
Horndean, Liss and
Petersfield Areas.**

**Discounts Available:
10% for A.C.A. Members,
25% off for over 60's
and 50% off for those on
applicable Benefits.**

**Please enrol early
To ensure that your
class runs**



**ALTON COMMUNITY CENTRE
AMERY STREET
ALTON
HANTS
GU34 1HN
01420 85057**

EMAIL: adulted@altoncommunitycentre.org.uk

www.altoncommunitycentre.org.uk

An Alton Community Association Activity

Registered Charity No:266673

You can enrol by post by sending the enrolment form together with your payment by cheque or credit/debit card. Cheques should be made payable to **Alton Community Association**. Full details of credit/debit Cards are required and will be shredded once your card has been debited. If you require a written receipt of your payment please enclose a stamped addressed envelope, or alternatively your email address if you would like an emailed acknowledgement of your payment, otherwise receipts will be given out by the tutor at the beginning of term. We will only contact you if the course is cancelled, otherwise you should turn up for the first session. Unless your course is cancelled by us any refunds issued will be made in line with Hampshire County Council's refunds policy and at the discretion of the Association and a £10.00 administration will be charged. The Community Association reserves the right under certain circumstances to refuse an enrolment at the discretion of the Centre Manager or the Association Trustees

In person or by telephone:

You can enrol at Alton Community Centre or ring us for information at:

East Hampshire Leisure Learning, Alton Community Centre, Amery Street, Alton, Hants, GU34 1HN. Telephone:01420 85057 Fax: 01420 89558.

EHL Office hours are 9.00-17.00 Mon & Fri and 9.30-16.00 Tues/Wed/Thurs

Alternatively, you can email us on **adulted@altoncommunitycentre.org.uk**

Not sure which course to choose?

Information advice and guidance are an integral part of our service. For further information on our courses please contact our staff.

SPRING TERM DATES Monday 16th January-Friday 30th March 2012

(Half Term is 13th-17th February)

Most courses start from 16th January 2012 but please check the brochure for individual start dates.

Please refer to individual course details in this brochure for actual dates and any exceptions. Concessionary fees are available for ACA members, over 60's and those on applicable benefits but A.C.A membership concessions are not available on one-day workshops. Concessions for benefit claimants are not to be claimed with any other Concession and proof of entitlement must be shown when enrolling. Every effort has been made to ensure that the information in this brochure is accurate. On occasions it is necessary to change or withdraw a course for a variety of reasons. Please check details of your course and the fees when you enrol. Details of all courses appear on the following pages.

All enrolments taken by Alton Community Centre.

Data Protection Act 1998 – The information you provide will be passed to the Learning and Skills Council (the LSC). The LSC is responsible for funding, planning and encouraging education and training for young people and adults in England, and is registered under the Data Protection Act 1998. The information you provide will be shared with other organisations for the purpose of administration, careers and other guidance, and statistical and research purposes. Other organisations with which we will share information include, the Department for Children, Schools and Families, the Department for Innovation, Universities and Skills, Connexions, Higher Education Statistics Agency, Higher Education Funding Council for England, educational institutions and organisations performing research and statistical work on behalf of the LSC or its partners. The LSC also administers the learner registration service (LRS) which will use your information to create and maintain a unique learner number (ULN).

The LSC is also a co-financing organisation and uses European Social Funds from the European Union to directly or indirectly part-finance learning activities, helping develop employment by promoting employability, business spirit and equal opportunities, and investing in human resources. Further information about partner organisations and the ULN and what they do, may be found at <http://www.lsc.gov.uk/Providers/Data/help/> and by following the links to data protection.



Art & Craft



B126 Art for All Abilities (Monday) with Jane Pascoe-Absolom

£86.00 for 10 weeks 16th Jan-26th March
10.00-13.00 at Alton Community Centre

This course aims to give practical informal, easy step-by-step tuition in a pleasant, friendly and relaxed atmosphere. Enthuse over all the different art forms and history. This class is suitable for everyone from the petrified beginner to the improver, all are welcome. Drawing and Painting should always be fun and enjoyable. Classes are friendly and very Informal, but with lots of guidance from the tutor. Whether you love painting animals, landscapes, seascapes or still life in oils, watercolour, acrylics, pastels, pencils or mix media, Anything goes! Students will need to provide their own equipment and materials, For students not using oil paint you will need the following cartridge/watercolour or acrylic paper, appropriate paints or pastels and pencils, some good quality brushes. For anyone using oils please bring your paints, brushes and a canvas or oil board students should also bring along a photo or object to draw or paint and some examples of your own work for the tutor to see can be helpful.

B428 Beginners Drawing & Painting with Teresa Mason

£77.25 for 10 weeks Thursday 19th Jan –29th
March 10.00-12.00 at Merchistoun Hall,
Horndean

Supportive and encouraging environment to build up a wide range of techniques and theory. Also to provide maximum opportunity to explore your artistic talents. This class is suitable for all abilities and will cover many different techniques

B231 Painting & Drawing for Everyone with Julie Hepenstal

£83.00 for 10 weeks Tuesday 17th Jan–27th
March 9.45-12.15 at Alton Community Centre

This is a friendly mixed ability Art Class where you will learn about Drawing and Painting. This term we will be concentrating on portraying buildings in various settings. The subjects will all involve drawing including line, perspective and tone. You will use watercolour paints and experiment with different techniques including wet-in-wet, building up glazes, colour mixing, line and wash and dry brushing. You will also use acrylic paints and learn how to build up a painting using base washes, scumbling and thicker paint. Finally we will do some mono-printing. You will receive lots of guidance and step-by-step tuition from Julie. Course is for complete beginners, improvers, everyone is welcome. Students should provide their own equipment and paints

B333 Painting & Drawing for Everyone with Julie Hepenstal

£83.00 for 10 weeks Wednesday 18th Jan-28th
March 9.45-12.15 at Alton Community Centre

This is a friendly mixed ability Art Class where you will learn about Drawing and Painting. This term we will be concentrating on portraying buildings in various settings. The subjects will all involve drawing including line, perspective and tone. You will use watercolour paints and experiment with different techniques including wet-in-wet, building up glazes, colour mixing, line and wash and dry brushing. You will also use acrylic paints and learn how to build up a painting using base washes, scumbling and thicker paint. Finally we will do some mono-printing. You will receive lots of guidance and step-by-step tuition from Julie. Course is for complete beginners, improvers, everyone is welcome. Students should provide their own equipment and paints

B334 Improvers Drawing & Painting with Jan Mallett

£77.25 for 10 weeks Wednesday 18th Jan—28th March 13.30-15.30 at Petersfield Community Centre

This course aims to enable students to think creatively in picture making and achieve a professional finish. Students will need a basic knowledge of drawing and watercolour use. You will need your usual painting equipment, and the tutor can suggest any extra equipment you might need as the term progresses. If you are new to the course please call the tutor to discuss the course on 01730 261201

B372 Picture Framing & Mounting with Andy Parks

£77.25 for 10 weeks Wednesday 18th Jan-28 March 19.00-21.00 at Petersfield Community Centre

This course is for anyone who would like to frame their own pictures or works of art. Subjects covered includes mount cutting, frame cutting and assembly, picture fitting, multiple picture projects, needlework, 3D art, work on canvas to name but a few. This course is aimed at the beginner but all levels of skill are welcomed. Please visit www.framingteacher.co.uk for more details or to contact the tutor directly.

B432 Painting & Drawing for Everyone with Julie Hepenstal

£83.00 for 10 weeks Thursday 19th Jan-29th March 9.45-12.15 at Alton Community Centre

This is a friendly mixed ability Art Class where you will learn about Drawing and Painting. This term we will be concentrating on portraying buildings in various settings. The subjects will all involve drawing including line, perspective and tone. You will use watercolour paints and experiment with different techniques including wet-in-wet, building up glazes, colour mixing, line and wash and dry brushing. You will also use acrylic paints and learn how to build up a painting using base washes, scumbling and thicker paint. Finally we will do some mono-printing. You will receive lots of guidance and step-by-step tuition from Julie. Course is for complete beginners, improvers, everyone is welcome. Students should provide their own equipment and paints

B529 Art for All Abilities (Fridays) with Jane Pascoe-Absolom

£86.00 for 10 weeks Friday 20th Jan—30th March 10.00-13.00 at Alton Community Centre

This course aims to give practical informal, easy step-by-step tuition in a pleasant, friendly and relaxed atmosphere. Enthuse over all the different art forms and history. This class is suitable for everyone from the petrified beginner to the improver, all are welcome. Drawing and Painting should always be fun and enjoyable. Classes are friendly and very Informal, but with lots of guidance from the tutor. Whether you love painting animals, landscapes, seascapes or still life in oils, watercolour, acrylics, pastels, pencils or mix media, Anything goes! Students will need to provide their own equipment and materials, For students not using oil paint you will need the following cartridge/watercolour or acrylic paper, appropriate paints or pastels and pencils, some good quality brushes. For anyone using oils please bring your paints, brushes and a canvas or oil board students should also bring along a photo or object to draw or paint and some examples of your own work for the tutor to see can be helpful.

Art & Craft

B666 Weave A Willow Egg Basket

£29.00 Saturday 17th March 10.00-16.00
at Liss Triangle Centre

Spend the day learning how to weave a basket suitable for eggs, fruit etc from a Willow and Hazel frame

All materials are provided. This course is suitable for complete beginners with some manual dexterity and patience required. You will need to bring secateurs, apron and some gardening gloves. Students will also need to bring a packed lunch.

B653 Weave a Plant Support For Sweet Peas

£29.00 Saturday 18th Feb 10.00-16.00 at
Liss Triangle Centre

Start dreaming of Sweet Peas and Climbing Plants. Learn how to weave a plant support from Willow for flower pots or beans later this spring. No experience needed but manual dexterity and patience will help. You will need to bring secateurs, apron and some gardening gloves. Students will also need to bring a packed lunch.

Modern Languages

Spanish

B120 Spanish Improvers with Elisabeth Petche

£66.95 for 10 weeks Monday 16th Jan-26th
March 9.30-11.00 at Petersfield Community
Centre

Consolidate knowledge of grammar whilst focusing on improving your Spanish communication skills. Students will need the book 'School Spanish Course' by JC Pride ISBN 0-00-322214-4

B269 Spanish Beginners with Soraya Fernandez

£68.00 for 10 weeks Tuesday 17th Jan-
27th March 10.00-11.45 at The Old
Chapel, Alresford

Cover all the main aspects of the Spanish Language in a relaxed and informal Environment. This class is suitable for complete beginners or those with a little knowledge, you will need a coursebook BBC Talk Spanish 1 ISBN 978-0-563-52013-9, a notepad and pen and a Spanish Dictionary

B318 Spanish Intermediate with Soraya Fernandez

£66.95 for 10 weeks Wednesday 18th Jan-
28th March 10.00-11.45 at Alton Commu-
nity Centre

Expand on key vocabulary and consolidate grammar knowledge at the same time as improving your speaking skills. Students should have already studied at least two terms of Spanish. Students will need a notepad and pen and the course book BBC Spanish Talk 2 ISBN: 978-1-4066-1285-1

Modern Languages

Italian

B205 Italian Intermediate Plus with Francesca Ardiccioni

£59.00 for 9 weeks Tuesday 17th Jan-20th March 10.20-11.50 at Alton Community Centre

This class is suitable for students with a good knowledge of Italian. Students will need a pen, paper

B207 Italian Conversation Advanced with Francesca Ardiccioni

£51.00 for 9 weeks Tuesday 17th Jan-20th March 12.00-13.00 at Alton Community Centre

This class is suitable for students with an advanced knowledge of the spoken Italian language

B206 Beginners Italian with Francesca Ardiccioni

£51.00 for 9 weeks Tuesday 17th Jan-20th March 13.15-14.15 at Alton Community Centre

This class is suitable for students who would like to learn Italian. Students will need the coursebook 'Italian in 10 minutes

B208 Italian Improvers Plus with Francesca Ardiccioni

£52.00 for 9 weeks Tuesday 17th Jan—20th March 14.30-15.45 at Alton Community Centre

This class is suitable for students who are familiar with some Italian for tourists

B309 Italian Improvers with Francesca Ardiccioni

£59.00 for 9 weeks Wednesday 18th Jan-21st March 8.45-10.15 at The Old Chapel, Alresford

This class is for students who have been learning Italian for two term. Students will need to bring a pen, paper

B411 Italian Advanced with Francesca Ardiccioni

£59.00 for 9 weeks Thursday 19th Jan-22nd March 9.15-10.45 at The Triangle Centre in Liss

This class is for students with an advanced knowledge of Italian.

B412 Italian Intermediate (Liss) with Francesca Ardiccioni

£40.00 for 7 weeks Thursday 19th Jan-22nd March 10.45-11.45 at The Triangle Centre in Liss

This class is for students with a sound knowledge of the Italian Language.

A514 Italian Proficient with Francesca Ardiccioni

£66.00 for 9 weeks Friday 20th Jan-23rd March 9.30-11.30 at The Triangle Centre in Liss

This class is for students with a proficient level of Italian.

Modern Languages French

B576 French Advanced Conversation 2a with Danielle Dowse

£77.25 for 10 weeks Friday 20th Jan-30th March 10.00-12.00 at The Old Chapel, Alresford

This class aims to encourage discussion in French on current affairs etc and will consolidate grammar. For students with a good basic command of speaking, writing and reading French. Students should bring a notepad and pen and a French Dictionary

B577 French Advanced Conversation 2b with Danielle Dowse

£77.25 for 10 weeks Friday 20th Jan-30th March 13.00-15.00 at The Old Chapel, Alresford

This class aims to encourage discussion in French on current affairs etc and will consolidate grammar. For students with a good basic command of speaking, writing and reading French. Students should bring a notepad and pen and a French Dictionary

B403 Improvers French with Maria Hewitt

£66.95 for 10 weeks Thursday 19th Jan—5th April 14.00-15.45 at The Triangle Centre in Liss
Please note there will be no lessons on 9th & 16th February

This class aims to encourage fluency and confidence with everyday conversation, it will also consolidate knowledge of grammar and vocabulary. Students will need to have a basic knowledge of French grammar, a good French dictionary and the coursebook Progressive Francais ISBN 978-2-09-033306-0 and a pen and paper

B404 Conversational French with Maria Hewitt

£66.95 for 10 weeks Thursday 19th Jan—5th April 15.45-17.30 at The Triangle Centre in Liss
Please note there will be no lessons on 9th & 16th February

This class aims to encourage fluent discussion about any topic and increase the students' awareness of French Francophone Culture. Students should have a reasonably good knowledge of French Grammar and Vocabulary. Students will need a reasonably good knowledge of French grammar, a good French dictionary and a copy of the course book The French Experience 2 New Edition ISBN 0563-51909-6 and should also bring a notepad and pen



Bienvenue

Modern Languages

German

B465 German Beginners (2nd Term) with Elisabeth Petche

£57.00 for 10 weeks Thursday 19th Jan-29th March 14.30-15.30 at Alton Community Centre

This class will enable the student to learn to communicate in German in a relaxed and informal environment. Students will need to buy the coursebook 'Wilkommen' by P Coggle & H Schenke ISBN 0-340-64808-2

B425 German Conversation (Intermediate level) with Elisabeth Petche

£66.95 for 10 weeks Thursday 19th Jan – 29th March 10.00-11.30 at Alton Community Centre

This course focuses on practical conversation with a wide range of topics in a relaxed, friendly and informal atmosphere. This course is suitable for students who have a good grasp of the language and who would like to improve their communication skills

B424 German Improvers with Elisabeth Petche

£66.95 for 10 weeks Thursday 19th Jan-29th March 11.45-13.15 at Alton Community Centre

This course aims to consolidate the students knowledge of grammar whilst focusing on improving their German communication skills. Book to be decided at the beginning of term



Willkommen

Health & Wellbeing

B371 Tai Chi with Sue Kelly

£52.00 for 10 weeks Wednesday 18th Jan-28th March 12.30-13.30 at Alton Community Centre

A relaxing lunchtime session of Tai Chi, suitable for all abilities. Come along and de-stress in this new midweek class with a friendly experienced tutor.

B688 Reiki-An Introduction with Sue Kelly

£19.00 Saturday 11th February 10.00-13.00 at Alton Community Centre

Reiki is a healing art that everyone can practice, this introductory session is for those who have an interest in Reiki or any other healing art. The morning will give you an insight into universal energy, chakras, history of Reiki allowing you to move towards gaining your Reiki 1 at a later date

B335 Body Moves with Sheron Gillard

£52.00 for 10 weeks Wednesday 18th Jan-28th March 10.00-11.00 at Alton Community Centre

This friendly class combines a variety of dance styles with general keep fit and body conditioning. Classes aim to be fun and informal exercising the body and mind. Dance to a variety of music from current hits, pop classics to light classical. Suitable for all abilities to the more experienced keep fitters. Please bring water to drink and wear loose clothing and flexible footwear.

B601 Meditation-Guided with Sue Kelly

£52.00 for 10 weeks Monday 16th Jan-26th March 12.00-13.00 at Alton community Centre

Come and enjoy an hours relaxation with guided meditations—you don't have to know how to meditate! It is a space to unwind! Students should bring a blanket, water and a yoga mat if you wish to lie down.

B675 High Touch Jin Shin Acupressure Workshop with Sue Kelly

£29.00 Saturday 17th March 10.00-16.00 at Alton Community Centre

A self help workshop learning how to treat or prevent common illnesses using 26 energy locks using gentle finger-tip pressure. Come along and learn this techniques in a step-by-step and informative way. Students should bring a notepad and pen, and some water to drink.

B336 Tai Chi with Sue Kelly

£67.50 for 10 weeks Wednesday 18th Jan-28th March 19.15-20.45 at Perins School, Alresford

Tai Chi Class, suitable for complete beginners. Learn Tai Chi in a friendly relaxed way

B689 Happy New Year-What Will It Hold For You? With Sue Kelly

£35.00 for 3 weeks Monday 20th Feb-5th March 19.00-21.00 at Alton Community Centre

This workshop is an introduction to 9 Star Ki Astrology and how you can improve your year. You will need your date of birth and anyone else you want to investigate. These sessions will help you plan/improve your year and give you more of an understanding of who you are and how you interact with other people

Health & Wellbeing

B140 Hatha Yoga-Mixed Ability with Andrea Ballard

£69.00 for 10 weeks Monday 16th Jan—26th March 19.30-21.00 at Perins School, Alresford

This is a friendly course which enables students to benefit from Yoga postures, breathing techniques, meditation and relaxation. The classes are aimed to improve flexibility, practice relaxation and relieve stress. This is a mixed ability class and students new to Yoga are welcome. Please bring a mat, blanket, water to drink and wear loose comfortable clothing.

B242 Hatha Yoga-Mixed Ability with Andrea Ballard

£69.00 for 10 weeks Tuesday 17th Jan—27th March 13.00-14.30 at the Alton Assembly Rooms

This is a friendly course which enables students to benefit from Yoga postures, breathing techniques, meditation and relaxation. The classes are aimed to improve flexibility, practice relaxation and relieve stress. This is a mixed ability class and students new to Yoga are welcome. Please bring a mat, blanket, water to drink and wear loose comfortable clothing.

B343 Yoga for Everyone with Christine Clist

£69.00 for 10 weeks Wednesday 18th Jan-28th March 19.30-21.00 at St Lawrence School, Alton

Teach yoga postures, stretches, breathing and relaxation techniques together with a little meditation. All abilities are welcome in this class. This yoga practice will help relieve stress and encourage relaxation. It will also gently encourage the body to become more toned, flexible and supple, students will need to bring a mat, blanket, water to drink and wear loose comfortable clothing.

B239 Yoga for All with Lorraine Grocott

£71.50 for 10 weeks Tuesday 17th Jan— 27th March 9.30-10.45 at the Liss Triangle Centre

This class aims to introduce and inform students about Yoga postures, philosophy and the remedial and health benefits of Yoga. This is a good class for general flexibility and offers an introduction to meditation. Students will need a Yoga mat and a blanket, will need to wear loose comfortable clothing and bring some water to drink, coffee will also be available after this very friendly class which is suitable for all ages and abilities. Equipment (mats etc) can be brought directly from the tutor.

B750 A Beginners Guide to Natural Health Care Part 1– Aromatherapy, Crystal Therapy & Herbal Medicine with Karen Harrison

£29.00 Saturday 28th January 10.00-16.00 at Alton Community Centre

This course is an introduction to the fascinating world of natural health care. We will look at 3 different holistic approaches to wellbeing. Aromatherapy-a brief guide to the world of essential oils and their uses around the home. Crystal Therapy-During this section we will find out about the world of crystals and how they can be used. Herbal Medicine-Discover nature's hedgerow herbal in abundance and discover simple home remedies for common ailments

B751 A Beginners Guide to Natural Health Care Part 2-Reflexology, Nutrition & Indian Head Massage with Karen Harrison

£29.00 Saturday 25th February 10.00-16.00 at Alton Community Centre

This course is an introduction to the fascinating world of natural health care. We will look at 3 different holistic approaches to wellbeing. Reflexology-explore the history and philosophy of reflexology and learn a simple routine for home treatment. Nutrition-Explore the link between nutrition and good health. Indian Head Massage-learn basic techniques and watch those worries float away.....

B337 Keep Fit for the Over 50's with Vicki Framp

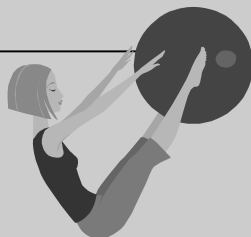
£78.00 for 12 weeks beginning on Wednesday 18th Jan– 28th March 10.00-11.00 at the Alresford Recreation Centre, Arlebury Park

Suitable for all abilities. Fun, low key, functional exercises for everyday fitness

B338 Mat-Based Pilates with Vicki Framp

£78.00 for 12 weeks Wednesday 18th Jan- 28th March 11.15-12.15 at the Alresford Recreation Centre, Arlebury Park

Mixed ability, mat based Pilates for core strength and fitness.



B752 Crystal Therapy Introductory Workshop with Karen Harrison

£29.00 Saturday 3rd March 10.00-16.00 at Alton Community Centre

This workshop investigates the beautiful and mesmerising world of crystals and reveals just how much we already use them on a daily basis and how they can be used in and around the home. Course to include what are crystals and where do they come from? How does it all work? Crystal meanings and uses, healing with crystals, practical demonstration of a healing layout and a guided crystal meditation



Health & Wellbeing (Cont)

B755 Reflexology Introductory Workshop with Karen Harrison

£29.00 Saturday 10th March 10.00-16.00 at Alton Community Centre

Explore the fascinating world of reflexology and learn a simple foot massage routine suitable for home use. Course content to include the history and technique. Anatomy and physiology of the foot, meridians, energy channels, imbalances, contra-indications and contra-actions and the equipment needed to perform reflexology.

B753 Aromatherapy Introductory Workshop with Karen Harrison

£29.00 Saturday 18th February 10.00-16.00 at Alton Community Centre

Discover the fascinating world of essential oils and their many uses in and around the home. A brief introduction to the history of Aromatherapy, what is an essential oil, uses and applications of oils, blending and preparation of simple aromatherapy creams and lotions for home use and a basic aromatherapy routine



B657 Indian Head Massage for the Family with Maggie Gale

£29.00 Saturday 31st March 10.00-16.00 at Alton Community Centre

Come and learn the ancient art of Indian Head Massage using traditional oils in a supportive environment. The workshop combines theory with the practical application of this gentle complementary therapy using traditional oils. Indian Head Massage provides a therapeutic massage of muscles and soft tissue in the upper back, shoulders, upper arms, neck, scalp and face. The recipient is seated and fully clothed. Suitable for all the family, come along with your child and help them de-stress, sleep better and relax. This class is suitable for children 11+ if they are accompanied by a parent/carer. Please bring a cushion, a towel, some water to drink and light refreshments. You should wear loose comfy clothes. Students should consult their GP for advice if they have any medical concerns prior to participation in this workshop

B754 Herbal Medicine Introductory Workshop with Karen Harrison

£29.00 Saturday 24th March 10.00-16.00 at Alton Community Centre

A truly awe-inspiring insight into the wonderful world of hedgerow herbalism. An opportunity to re-awaken knowledge of times gone by and discover simple remedies for home use. Course content to include: A brief history of herbal medicine, safe use and storage of herbal preparations, contra-indications and contra-actions, how to grow herbs, how to make simple preparations. You will also make a simple product for home use to take home with you



Special Interests Cont

B246 Bridge For Beginners (Term 2) with Diana Harvey

£77.25 for 10 weeks Monday 16th Jan-26th
March 10.00-12.00 at The Old Chapel,
Alresford

Further knowledge of the ACOL bidding system, more on card play techniques, Students need to have completed one term of this Bridge course, and students may find it helpful to bring an A4 folder for notes. There is an additional charge of 40p per week for coloured handouts which is paid directly to the tutor. For more information please see the tutors website
www.dianaharveybridge.net

B249 Bridge For Improvers (Term 2) Level 2a with Diana Harvey

£77.25 for 10 weeks Tuesday 17th Jan-27th
March 14.00-16.00 at The Old Chapel,
Alresford.

This course aims to further the knowledge of students that have learnt the basics of Bridge. This term will cover 'Leads' and more on overcalling, there will also be more on card play. Students should have completed at least a beginners year learning to play bridge. students may find it helpful to bring an A4 folder for notes. There is an additional charge of 40p per week for coloured handouts which is paid directly to the tutor. For more information please see the tutors website
www.dianaharveybridge.net

B175 Bridge For Improvers Level 2b (Term 2) with Diana Harvey

£77.25 for 10 weeks Monday 16th Jan-26th
March 15.00-17.00 at The Old Chapel,
Alresford.

This course aims to further the knowledge of students that have learnt the basics of Bridge. This term will cover 'Leads' and more on overcalling, there will also be more on card play. Students should have completed at least a beginners year learning to play bridge. students may find it helpful to bring an A4 folder for notes. There is an additional charge of 40p per week for coloured handouts which is paid directly to the tutor. For more information please see the tutors website
www.dianaharveybridge.net

B150 Bridge Level 3 (Term 2) with Diana Harvey

£77.25 for 10 weeks Monday 16th Sept-26th
March 12.30-14.30 at The Old Chapel,
Alresford

Further the knowledge of pupils who already play bridge. This term will cover 'losing trick count' and 'transfers'. Students should be able to play bridge and should have been playing for at least 2 years. Students may find it helpful to bring an A4 folder for notes. There is an additional charge of 40p per week for coloured handouts which is paid directly to the tutor. For more information please see the tutors website
www.dianaharveybridge.net

B248 Lipreading with Kay Murray

£30.00 10 weeks Tuesday 17th Jan-27th
March 9.30-11.30 at Petersfield Community
Centre

Introduce and help improve the skills of lipreading in a relaxed and friendly group.

Special Interests

B344 Lipreading– Mixed Ability with Anita Cooper

£30.00 for 10 weeks Wed 18th Jan–28th March 19.00-21.00 at Alton Community Centre

Look at the theory of Lipreading, visible consonants and how to use practical coping strategies to cope with hearing loss. No previous experience is necessary but students should bring an A4 file and paper, pen, a small mirror and 20p and their own mug for a drink

B470 Beginners Electric Guitar For Adults with Mike Dawes BA (Hons)

£69.00 for 10 weeks Thursday 19th Jan-29th March 18.30-20.00at Alton Community Centre

The beginner guitar workshop is a fun, friendly, community based course for adults. Throughout this 10 session term you will gain an insight into chords, scales, songs and much more in a relaxed group environment with like minded individuals. Ditch the TV once a week and become the next guitar hero! Class is suitable for beginners or some with a bit of experience. Students will need an electric guitar, plectrum and notebook and pen

B245 Classical Guitar for Improvers with Derek Hasted

£70.00 10 weeks Tuesday 17th Jan-27th March 19.00-21.00 at Merchistoun Hall, Horndean

This class aims to build on what was learnt in the previous term to master the guitar in a structured and fun way. If you did not come to the class last term you will need to be able to read music, and will need to speak to the tutor about the coursebook. You will need to bring a nylon strung guitar. Derek has taught many hundreds of adults how to play the guitar—you can join them! There are lots of progression opportunities too. The tutor also runs two large ensembles.

B656 Spring Into Digital Photography with Angela Walker

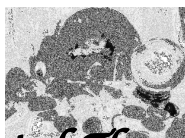
£29.00 Saturday 10th March 10.00-16.00 at Alton Community Centre

Increase your understanding of the control of your digital camera, gain confidence and creativity with your photos. There will also be a basic introduction to picture downloading and enhancement. Students should have a basic knowledge of a computer and should bring their camera, user manual, pc connection leads, and should wear clothes suitable for an outdoor picture taking session (weather permitting) if you have a laptop this could also prove useful but not essential. This informal workshop with photographer Angela Walker will explain the confusing menus and settings and how to get the most from your camera

Spring Workshops with East Hampshire Leisure Learning



Aromatherapy



Crystal Therapy



*Spring Into
Digital Photography*



*Beginners Guide to
Natural Healthcare
Part 1 & Part 2*



Herbal Medicine



Meditation



*High Touch
Jin Shin
Acupressure*



Reiki



Reflexology



Indian Head Massage



*Happy New Year
What Will It Hold For You*

*Please see the main brochure
for details of all our workshops.*

Hampshire Learning supports adult and family learning courses across Hampshire at a wide range of venues including schools, children's centres, community centres and through voluntary organisations

Much of the provision is funded by the Skills Funding Agency (SFA) and delivered through a network of providers, which Alton Community Centre is one.

Hampshire Learning's central team in Winchester is responsible for the strategic direction and overall management of the service; for allocation of the SFA; and for management of data

One of the future aims of Hampshire Learning is to develop and strengthen a network of adult and family learning providers across the county. Clearly there are many other providers of learning in Hampshire including further education colleges, voluntary and community organisations and private training organisations

Hampshire Learning work in partnership with a variety of organisations, to share knowledge about teaching and training in order to maximise learning opportunities for local people.

The Hampshire Learning website reflects the full range of adult and family learning provision across Hampshire, so that the residents of Hampshire can access information about all learning opportunities in a variety of settings

In Conjunction with Hampshire Learning we are again able to offer a huge 25% discount to all over 60's on all our courses. Also continuing will be the 50% discount for those on the following benefits is also still available. Also our 10% members discount which can be claimed alongside the over 60's discount.

Income Support
Income Based Jobseekers Allowance
Council Tax Benefit
Housing Benefit
Family Working Tax Credit (Income Limit £16,040)
Disable Persons Tax Credit (Income Limit £16,040)
Pensions Credit
Income Based Asylum Seekers Allowance

To qualify for the 50% discount students should provide proof of benefit entitlement each term with their enrolment form.